

Alix-Mirror Community Resource Centre

Presentation Follow-Up Information – June 2020

Bashaw & District Support Services Association (BDSS) has operated in Bashaw and area for over 35 years. We are a non-profit charity that works collaboratively to meet social needs within our region. BDSS offers 19 different programs serving ages 0-99. Program examples include Accredited Daycare, Preschool, Home Support, Meals on Wheels, Family Wellness, Transportation Services, Food Bank, Breakfast for Learning, Roots of Empathy, Information/Referral, Wellness Navigation, Mental Health & Addictions and more.

BDSS is co-chair of the Bashaw Regional Wellness Initiative which works collaboratively with 28 members in meeting mental health and wellness needs. This area includes the communities of: Alix, Mirror, Tees, Mecca Glen, Ferintosh, New Norway, Edberg, Meeting Creek, Donalda and their surrounding area. This partnership was created in response to a growing need within Bashaw RCMP for different crime prevention/intervention and officer call-out support. The Wellness Initiative has been in place for 3 years, and continues to thrive.

The Alix-Mirror Wellness Team, along with the support of the Bashaw Regional Wellness members is committed to creating the **Alix-Mirror Community Resource Centre** to serve as a hub in connecting community members to the services they need. This, in turn, will support the Bashaw/Blackfalds RCMP detachments in having a referral point that will maintain contact with the client, and essentially have them connect with appropriate programming. Ultimately, RCMP will have less repeat call-outs due to social/mental health needs. RCMP will be able to deal with higher-level crime issues with the Alix-Mirror Community Resource Centre in place.

Alix-Mirror Community Resource Centre is intended to serve residents of Alix, Mirror and Tees, as well as residents of Lacombe County Divisions 1 & 2. In the event that a referral is received from outside the area, they too will receive support. The Bashaw Regional Wellness members recognize that services need to support people's pattern of travel, and not necessarily be defined by any boundary.

Alix-Mirror Community Resource Centre will work with local service providers to offer Information/Referral, Navigator services, Community Services as determined necessary (ie - Meals on Wheels and Home Support), Mental Health and Addiction Supports, Alberta Health Services - Primary Care Network Services (Nurse Practitioner), Community Development, and more. The Centre will coordinate the services that exist for the community, and work to fill any critical gaps in serving social needs.

BDSS is the sponsoring organization for the Alix-Mirror Wellness Team in all operating areas, until they are able to gain their own society status. BDSS along with other Regional Wellness Team members will support and mentor Alix-Mirror Wellness Team in becoming sustainably established.

Current Resource Centre Partners include: Village of Alix, Bashaw RCMP, Alix School, Alix FCSS, Rahr Malting Canada Ltd., Alix Food Bank, Bashaw Regional Wellness Initiative, United Way of Central Alberta, Wolf Creek Primary Care Network, Alberta Mental Health and Addictions, Community Members and more.

Total cost of start-up for Alix-Mirror Community Resource Centre is \$100,000. This includes facility renovations, as well as start up operations (ie – office furniture/equipment, rent, insurance, training, staffing).

Partner	Amount	Monetary/In-Kind
Village of Alix – facility lease subsidy <i>(based on FMV)</i>	\$12,000	In-Kind (confirmed)
Alix FCSS – start up support	\$1,800	Monetary (confirmed)
Rahr Malting – start up support	\$2,500	Monetary (confirmed)
	\$10,000	Monetary (pending)
United Way of Central Alberta – Seniors Support funding	\$4,250	Monetary (confirmed)
Alberta Mental Health & Addictions – Counsellor	\$17,280	In-Kind (confirmed)
AHS – Primary Care Network – Nurse Practitioner	\$26,000	In-Kind (confirmed)
Bashaw & District Support Services – start up support	\$1,500	Monetary (confirmed)
Bashaw Regional Wellness Team	\$10,000	In-Kind (confirmed)

The Alix-Mirror Community Resource Centre is included in our current evaluation detailing Social Return on Investment for the Wellness Work we are doing. The Bashaw Regional Wellness Initiative and Alberta Solicitor General are working together to show the impact of alternative/collaborative investment to produce successful crime prevention outcomes.

Request to Council:

- 1. Start-Up Funding** - \$50,000
- 2. Donation of Any Office Furniture/Equipment**
- 3. Renewable Funding** - \$20,000/yr
- 4. Partnership** – become a member of the Bashaw Regional Wellness Initiative, be a voice for rural sustainability through your partnerships and levels of government, publish Wellness Initiative communication in Lacombe County Newsletter

We hope that Council sees the importance of this link in our rural sustainability. Not only will it support local residents and community partners (Alberta Health, RCMP), but it will create healthier communities. Having healthy communities benefits us all, including Lacombe County as “THE” place to live and do business.